

Celebrate Recovery

**Is Co-Addicted Women in a Relationship
with Sexually Addicted Men for me?**

Do you....

1. Allow sex to play an all-consuming role in your relationships
2. Think things would be better if you performed better sexually
3. Find sex more uncomfortable than pleasurable
4. Withdraw emotionally, having your mind on other things during sex, or feel empty afterwards.
5. Focus more on your spouses sexual attitudes, beliefs, or needs than your own?
6. Use sex to try to repair relationships when they are strained?
7. Participate in degrading or unhealthy relationships in order to avoid being alone?
8. Compare your appearance to others?
9. Engage in sexual activities with your partner that feel disturbing or shaming?
10. Get accused of or fear that you are "frigid" or "not with it" sexually?
11. Lie about your sexual feelings or reactions in order to please your partner?
12. Neglect your needs, or those of family and friends, to comply with your partner's sexual desires?
13. Play detective (look through belongings, check whereabouts, etc.) to find clues of a partner's sexual acting out?