

How To Write My Testimony

This is a guide to help you write your Celebrate Recovery testimony. God's word tells us,

"It is a proof of your faith. Many people will praise God because you obey the Good News of Christ – the gospel you say you believe – and because you freely share with them and with all others." (2 Corinthians 9:13 NCV)

Testimony Guidelines:

- a. Before you start writing, pray and ask God for help and the words to share.
- b. Your testimony must be written out.
- c. Your testimony should be about 12 to 15 minutes long. This is about 7 – 9 pages double-spaced using a 12-point font.
- d. Be sure to include 1 or 2 of your favorite scriptures.
- e. Be honest.
- f. Remember that you are not cured.
- g. Don't use religious cliches.
- h. Don't get too graphic or include non-essential information.
- i. Keep it short and to the point.
- j. HAVE FUN!

There are four major parts to your story:

1. The Old Me.
 - Ø Start with, "My name is _____. I am a believer who struggles with _____."
 - Ø What are some circumstances others could relate to?
 - Ø What unhealthy things was I doing?
 - Ø What was my relationship to God like?
 - Ø What was my attitude toward others like?
 - Ø What was my breaking point? What caused me to hit bottom?
2. My Experiences and Changes in Working through Celebrate Recovery.
 - Ø How did I get into recovery?
 - Ø How has my growing relationship with Jesus Christ influenced my recovery?
 - Ø How did working the program help me? (Be specific)
 - Ø Did a particular step touch my heart in a specific way?

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3. The New Me.

- Ø What changes has God made in my relationships with others?
- Ø What areas of my old life are gone and how have they changed?
- Ø How has my walk with God changed?
- Ø What are some of the great benefits that I have received from working the program?

4. Outreach

- Ø What encouragement can I give to the newcomer?